

## **MEDICAL SERVICES IN MOSCOW**

Western medical care in Moscow can be expensive, difficult to obtain, and not always comprehensive. Some facilities offer quality services, but many restrict services to normal business hours and/or to members or people willing to pay for services in advance. Acceptance of insurance in lieu of prepayment is rare. Most patients pay in cash and receive reimbursement from their insurance companies upon their return to the United States. State medical care is officially free of charge, but the quality of service ranges from unacceptable to merely uncomfortable. However, Russian doctors often demand payment for disposable needles, medications, and some services. There are no foreign-run in-patient clinics in Moscow but rather space rented by them in regular Russian hospitals with improved conditions. Medical evacuation to another country is an expensive option; the Embassy strongly urges all travelers who visit Russia to purchase traveler's medical insurance that includes coverage in the event that an evacuation is necessary.

In the event of an emergency, the U.S. Embassy will try to assist in arranging medical care for U.S. citizens. For assistance during working hours, please call 8 (495) 728-5577. After 6:00 p.m., please call the Embassy duty officer at 8 (495) 728-5000.

***\* \* \*The U.S. Embassy, Moscow assumes no responsibility for the professional ability or reputation of the persons or medical facilities whose names appear on the following list. This information sheet was revised in April 2023 and is subject to change without notice. If you notice any inaccuracies, please inform the American Citizen Services Unit so that we can update this information.***

### **ENGLISH-SPEAKING DOCTORS, USER-PAY SERVICES**

#### **INTERMED CENTER/AMERICAN CLINIC / Ambulance**

Address: 1/6 4th Monetchikovskiy Per., Bldg. 3 (Entrance through 5th Monetchikovskiy Per.)

Tel: 8 (495) 937-5757, 8 (495) 959-4273

Hours: Monday-Sunday 8:00-20:00

[www.intac.ru](http://www.intac.ru)

#### **EUROPEAN MEDICAL CENTER / Ambulance**

35 ul. Schepkina, Moscow 129090. Hours: 24/7

7 Orlovsky pereulok, Moscow 129090. Hours: 24/7

5 Spiridonievsky pereulok, Bldg. 1, Moscow 123104. Hours: 24/7

15 ul. Pravdy, Bldg. 1 (Maternity Hospital and childhood center), Moscow 125040. Hours: 24/7

187 Rublevo-Uspenskoe shosse (Rehabilitation center). Hours: Monday-Sunday 8:00-20:00

Tel: 8 (495) 933-6655

<http://www.emcmos.ru/en/>

## **RUSSIAN- SPEAKING DOCTORS, FREE SERVICES**

**MOSCOW CITY** / Ambulance 103

**MOSCOW CITY PSYCHIATRIC** / Ambulance 8 (495) 620-42302

### **HOSPITALS and CLINICS**

Foreign, and/or with foreign or foreign-trained staff, and/or foreign equipment

#### **EUROPEAN MEDICAL CENTER**

*American and European general practitioners, gynecology, ophthalmology, pediatrics, ENT, cardiology, psychiatry, dermatology, physical therapy. Vaccination programs. Emergency assistance 24 hours a day. In-patient and out-patient services, surgery, comprehensive laboratory, diagnostics.*

35 ul. Schepkina, Moscow 129090. Hours: 24/7

7 Orlovsky pereulok, Moscow 129090. Hours: 24/7

5 Spiridonievsky pereulok, Bldg. 1, Moscow 123104. Hours: 24/7

15 ul. Pravdy, Bldg. 1 (Maternity Hospital and childhood center), Moscow 125040. Hours: 24/7

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#### **INTERMEDCENTER/AMERICAN CLINIC**

*Areas of expertise include pain management, pediatrics, gastroenterology, family medicine, obstetrics/gynecology, cardiology, neurology, dentistry.*

Address: 1/6 4th Monetchikovskiy Per., Bldg. 3 (Entrance through 5th Monetchikovskiy Per.)

Tel: 8 (495) 937-5757, 8 (495) 959-4273

Hours: Monday-Sunday 8:00-20:00

[www.intac.ru](http://www.intac.ru)

#### **GMS CLINICS AND HOSPITALS**

Address: 1-y Nikoloschepovskiy per., 6/1

Tel. 8 (495) 781-5577 + ext. 2 for English

Hours: 24/7

[www.gmsclinic.ru](http://www.gmsclinic.ru)

#### **MEDSI**

Address: multiple locations throughout Moscow City and Russia-wide

Tel: 8 (495) 023-60-84, 8(495) 182-71-14 emergency hospitalization

[www.meds.ru](http://www.meds.ru)

#### **JSC MEDICINA (Metro Mayakovskaya)**

*Russian doctors provide emergency services, clinic consultations, vaccinations.*

Address: 10 2nd Tverskoy-Yamskoy Per.

Tel: (495) 845-02-28 (for English press 3)

Hours: Mon-Fri: 8.00-21.00; Sat: 9.00-19.00 Sunday: 9.00-15.00

Ambulance (495) 845-02-28

Information desk +7 (495) 116-72-33 round-the-clock

Emergency +7 (495) 116-72-33 round-the-clock  
Web: <http://en.medicina.ru/>

### **INVITRO LABORATORY**

1 Nagatinskaya St. Building 14  
Tel.: 8 (495) 363-0363  
Web: <http://www.invitro.ru/> 3

## **MAJOR MOSCOW HOSPITALS**

### **BOTKIN HOSPITAL** (Metro Dinamo)

*For emergencies and after hours. This is the main Moscow hospital where foreigners are treated. Well-equipped by Russian standards*

Address: 5 2nd Botkinskiy Pr.  
Tel: 8 (499) 490-03-03, 8 (800) 600- 3141, 8 (499) 762-6297  
Web: <https://www.botkinmoscow.ru/>

### **FILATOVSKY CHILDREN'S HOSPITAL NO. 13** (Metro Mayakovskaya)

Address: 15 Sadovaya-Kudrinskaya St.  
Tel: 8 (499) 254-10-10  
8 (499) 254-34-30 round-the-clock  
Web: <https://filatovmos.ru/en/>

## **DENTISTS**

### **GERMAN DENTAL CARE OF DR. GROSSMANN**

(Metro Mayakovskaya or Belorusskaya)  
Address: Yuliusa Fuchika street 11/13,  
Tel: 8 (499) 254-37-10  
Email: [visit@gdcare.ru](mailto:visit@gdcare.ru)  
Web: <https://gdcare.ru/en/>

### **U.S. DENTAL CARE**

(Metro Prospekt Mira or Metro Dostoevskaya)  
Address: Olympiysky Prospekt 16 Bld. 5 Business Center "Olympic Hall"  
Tel: 8 (495) 933-8686  
Email: [info@usdentalcare.com](mailto:info@usdentalcare.com)  
Web: [www.usdentalcare.com](http://www.usdentalcare.com)

### **ICEBERG DENTAL TRAUMA CENTER**

(Metro Schukinskaya or Sokol)  
Address: Schukinskaya street 2, entrance 8  
Tel: 8 (499) 951-0303  
Email: [admin@icebergclinic.com](mailto:admin@icebergclinic.com)  
<https://iceberg.dental/>

**EUROPEAN DENTAL CENTER** (Metro Prospect Mira)

Address: Schepkina Street, 35

Tel: 8 (495) 933-6655

Email: emcinfo@emcmos.ru

Web: www.emcmos.ru

**PSYCHOLOGISTS, PSYCHIATRISTS AND COUNSELORS**

*English speaking specialists*

**EUROPEAN MEDICAL CENTER**

*Psychiatrist, psychotherapist.*

Tel: 8 (495) 933-6655

Web: <http://www.emcmos.ru/en/clinics/psychiatry-and-psychotherapy-clinic>

**PHARMACIES**

*Medicine Availability site [www.medlux.ru](http://www.medlux.ru)*

**SAMSON-PHARMA**

Numerous locations in town

Tel: 8 (495) 587-7777

<https://samson-pharma.ru>

**APTEKA.RU**

Web [www.apteka.ru](http://www.apteka.ru)

E-mail: [help@theflyingpharmacy.com](mailto:help@theflyingpharmacy.com) , [pharmacist@theflyingpharmacy.com](mailto:pharmacist@theflyingpharmacy.com) ,  
[sales@theflyingpharmacy.com](mailto:sales@theflyingpharmacy.com)

**36.6**

Numerous locations around Moscow

Tel: 8 (495) 797-6-366, 8 (495) 797-8686

Web: <http://www.366.ru>

**RIGLA PHARMACY**

Numerous

locations in town

Tel: 8 (495)

2311697

Web: [www.rigla.ru](http://www.rigla.ru)